

* not available in bldg. 407



NSA MENU

WEEK OF MAY 3RD THROUGH 7TH

	Monday 03 May	Tuesday 04 May	Wednesday 05 May	Thursday 06 May	Friday 07 May
Morning Eye Openers 	(2) Eggs (2) Bacon or (2) Sausage Links (2) Toast Home Fries \$2.50	Blueberry Pancakes w/Bacon Strips or Sausage Links \$2.50	(2) Waffles (2) Eggs (2) Sausage links \$2.50	Ham Steak & Eggs w/Home Fries and Toast \$2.75	French Toast w/Two Eggs & Bacon or Sausage Links \$2.50
Grilled Greats 	Grilled Cheese with Cacon \$2.75 add French Fries \$.75	Turkey Burger \$2.35	Grilled Roast Beef \$2.75	Italian Cheese Steak Hoagie \$2.75	Grilled Tuna Melt \$2.50
Healthy Choice 	Salad Bar with Fresh Vegetable and Fruit \$.25 per ounce	Salad Bar with Fresh Vegetable and Fruit \$.25 per ounce	Salad Bar with Fresh Vegetable and Fruit \$.25 per ounce	Salad Bar with Fresh Vegetable and Fruit \$.25 per ounce	Salad Bar with Fresh Vegetable and Fruit \$.25 per ounce
Specialty Station 	Fried Chicken Breast \$1.70 Thigh \$1.30 Leg \$.80 Wing \$.60	PIZZA Chicken Salad Sub \$2.70	Potato Bar \$1.75 Fried Chicken Breast \$1.70 Thigh \$1.30 Leg \$.80 Wing \$.60	PIZZA Turkey Bacon Club \$3.70	Fried Chicken Breast \$1.70 Thigh \$1.30 Leg \$.80 Wing \$.60
Feature Vegetables 	Tossed Salad Collard greens Potato Salad	Buttered Corn Spinach Whipped Potatoes w/gravy Colonial Style	Glazed Carrots Macaroni & Cheese Stewed Tomatoes Onion rings	Mashed Potatoes & Gravy Peas Red Beets Toss Salad	Chef's Choice
Daily Special 	Baked Spaghetti with Garlic Toast \$3.95	Chef's Special	Pork Barbecue Sandwich w/One Vegetable \$3.95	Hot Turkey Sandwich w/two vegetables \$4.25	Tuna Casserole w/One Vegetable \$3.95
Daily Special 	Barbecue Chicken w/two vegetables \$4.25	Stuffed Chicken Breast w/Choice of Two Vegetables \$4.25	Batter Dipped Fish w/Two vegetables \$4.25	Baked Lasagna w/Garlic Toast \$3.95 w/Salad \$4.25	Chef's Choice \$3.95
Soup Du Jour 	Chicken Corn Bowl \$1.50 Cup \$1.00 Chili Bowl \$1.70 Cup \$1.25	Potato Bowl \$1.50 Cup \$1.00 Chili Bowl \$1.70 Cup \$1.25	Macaroni Beef Bowl \$1.50 Cup \$1.00 Chili Bowl \$1.70 Cup \$1.25	Ham & Bean Bowl \$1.50 Cup \$1.00 Chili Bowl \$1.70 Cup \$1.25	Seafood Bisque Bowl \$1.50 Cup \$1.00 Chili Bowl \$1.70 Cup \$1.25

NSA MENU

WEEK OF MAY 10TH THROUGH 14TH

	Monday 10 May	Tuesday 11 May	Wednesday 12 May	Thursday 13 May	Friday 14 May
Morning Eye Openers 	2 Eggs 2 Bacon Strips or Sausage Links 2 Toast Home Fries \$2.50	Hot Cakes Scramble Eggs & Bacon Strips or Sausage Links \$2.50	Blueberry Waffles \$2.50	French Toast w/Two Eggs & Bacon or Sausage Links \$2.50	Western Omelet Home Fries & 2 pcs of Toast \$2.75
Grilled Greats 	Grilled Rueben Sandwich \$2.75	1/3 lb. Bacon Cheese Burger \$2.75	Cheeseburger Hoagie \$2.75 add French Fries \$.75	Turkey Burger With Bacon \$2.75	Patty Melt \$2.75
Healthy Choice 	Salad Bar with Fresh Vegetable and Fruit \$.25 per ounce	Salad Bar with Fresh Vegetable and Fruit \$.25 per ounce	Salad Bar with Fresh Vegetable and Fruit \$.25 per ounce	Salad Bar with Fresh Vegetable and Fruit \$.25 per ounce	Salad Bar with Fresh Vegetable and Fruit \$.25 per ounce
Specialty Station 	Fried Chicken Breast \$1.70 Thigh \$1.30 Leg \$.80 Wing \$.60	Pizza Roast Beef & Cheese on a Croissant \$2.75	Fried Chicken Baked Potato Bar \$1.75	Pizza Turkey Club \$3.70	Fried Chicken Breast \$1.70 Thigh \$1.30 Leg \$.80 Wing \$.60
Feature Vegetables 	Scalloped Potatoes Green Beans & Corn Cauliflower	Parsley Potatoes Green Beans Steamed Rice Wax beans	Mexican Rice Beets	Brussel Sprouts Corn Whipped Potatoes w/gravy	Mixed Vegetables Cole slaw French Fries
Daily Special 	Veal Steak With two Vegetables \$4.25	Vegetable Stir Fry Over Rice \$4.00	Taco Salad (served in a 12" tortilla shell) \$4.25	Chicken Pot Pie \$3.95	Spaghetti & Meatballs \$3.95
Daily Special 	Beef Porcupines w/two vegetables \$4.25	Garlic Chicken W/two Vegetables \$4.25	Chef's Choice	Baked Meat Loaf w/choice of two vegetables \$3.95	Fish & Fries \$4.25
Soup Du Jour 	Ham & Corn Chowder Bowl \$1.50 Cup \$1.00 Chili Bowl \$1.70 Cup \$1.25	Chicken Noodle Bowl \$1.50 Cup \$1.00 Chili Bowl \$1.70 Cup \$1.25	Southwest Bean Bowl \$1.50 Cup \$1.00 Chili Bowl \$1.70 Cup \$1.25	Beef Noodle Bowl \$1.50 Cup \$1.00 Chili Bowl \$1.70 Cup \$1.25	Clam Chowder Bowl \$1.50 Cup \$1.00 Chili Bowl \$1.70 Cup \$1.25

NSA MENU



WEEK OF MAY 17TH THROUGH 21ST

	Monday 17 May	Tuesday 18 May	Wednesday 19 May	Thursday 20 May	Friday 21 May
Morning Eye Openers 	Spanish Omelet W/Home Fries And Toast \$2.75	Hot Cakes Scrambled Eggs & Bacon Strips or Sausage Links \$2.50	Pepper Sausage Gravy over Biscuits (2) Eggs \$2.95	French Toast w/two Eggs & Bacon or Sausage Links \$2.50	Western Omelet Home Fries & 2 pcs of Toast \$2.75
Grilled Greats 	Italian Steak \$2.75	Cheddar Burger w/ bacon & sautéed onions \$2.75	Pork Barbecue Sandwich \$2.75	Cowboy Burger Grilled Mushrooms & Onions, Bacon, & Monterey Jack Cheese \$2.75	Home Made Crab Cake Sandwich \$2.50
Healthy Choice 	Salad Bar with Fresh Vegetables and Fruit \$.25 Per Ounce	Salad Bar with Fresh Vegetables and Fruit \$.25 Per ounce	Salad Bar with Fresh Vegetables and Fruit \$.25 Per Ounce Baked potato bar \$1.75	Salad Bar with Fresh Vegetables and Fruit \$.25 Per Ounce	Salad Bar with Fresh Vegetables and Fruit \$.25 Per Ounce
Specialty Station 	Fried Chicken Breast \$1.70 Thigh \$1.30 Leg \$.80 Wing \$.60	PIZZA Cold Meatloaf Sandwich \$2.70	Fried Chicken Breast \$1.70 Thigh \$1.30 Leg \$.80 Wing \$.60 Baked Potato Bar \$1.75	PIZZA Italian Hoagie \$3.45	Fried Chicken Breast \$1.70 Thigh \$1.30 Leg \$.80 Wing \$.60
Feature Vegetables 	Salad Chefs Choice Steamed Broccoli	Peas Sliced Carrots Stewed Tomatoes Buttered Noodles	Macaroni & Cheese Buttered Corn Mixed Vegetables Stewed Tomatoes	Mashed Potatoes With Gravy Garden Peas Buttered Corn Bread Stuffing	Chef's Choice Tossed Salad Zucchini & Tomatoes
Daily Special 	Chef's Choice	Beef Stroganoff \$4.25	Batter Baked Fish w/Choice of Two Vegetables \$4.25	Chef's Choice	Chicken Stuffing Casserole with One Vegetable \$4.25
Daily Special 	Yakisoba with Two Vegetables \$4.25	Pork Chop w/Two Vegetables \$4.25	Chef's Choice	Roast Turkey w/Choice of Two Vegetables \$4.25	Shrimp Jambalaya with One Vegetable \$4.25
Soup Du Jour 	Cream of Broccoli Bowl \$1.50 Cup \$1.00 Chili Bowl \$1.70 Cup \$1.25	Turkey Noodle Bowl \$1.70 Cup \$1.25	Barley Chicken Chili Bowl \$1.50 Cup \$1.00 Chili Bowl \$1.70 Cup \$1.25	Chicken Noodle Bowl \$1.50 Cup \$1.00 Chili Bowl \$1.70 Cup \$1.25	Du Jour Bowl \$1.50 Cup \$1.00 Chili Bowl \$1.70 Cup \$1.25

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NSA MENU









WEEK OF MAY 24TH THROUGH 28TH

	Monday 24 May	Tuesday 25 May	Wednesday 26 May	Thursday 27 May	Friday 28 May
Morning Eye Openers 	Hot Cakes Scrambled Eggs and Bacon Strips or Sausage Links \$2.50	Sausage & Cheese Omelet Home Fries (2) Toast \$2.75	Grilled Ham, Egg & Cheese w/home fries \$2.50	(2) Sweet Potato Pancakes With Ham Steak \$2.95	Western Omelet Home Fries & 2 pcs. of toast \$2.75
Grilled Greats 	Italian Cheese Steak Hoagie \$2.75	Grilled Pretzel Sandwich w/ham & cheese \$2.85 Grilled Cheese \$1.25	Italian Meatball Hoagie w/pizza Cheese \$2.75	Chicken Steak Sub w/lettuce, Tomato and Onion \$2.50	Mushroom & Swiss Burger \$2.50
Healthy Choice 	Salad Bar with Fresh Vegetables and Fruit \$.25 per ounce	Salad Bar with Fresh Vegetables and Fruit \$.25 per ounce	Salad Bar with Fresh Vegetables and Fruit \$.25 per ounce	Salad Bar with Fresh Vegetables and Fruit \$.25 per ounce	Salad Bar with Fresh Vegetables and Fruit \$.25 per ounce
Specialty Station 	Fried Chicken Breast \$1.70 Thigh \$1.30 Leg \$.80 Wing \$.60	Pizza Plain \$1.20 Pepperoni \$1.30 Ham & Cheese Kaiser \$2.90	Fried Chicken Breast \$1.70 Thigh \$1.30 Leg \$.80 Wing \$.60 Baked Potato Bar \$1.75	Pizza Plain \$1.20 Pepperoni \$1.30 Dagwood Sandwich \$3.70	Fried Chicken Breast \$1.70 Thigh \$1.30 Leg \$.80 Wing \$.60
Feature Vegetables 	Garden Pea Sliced Carrots Seasoned Fries	Buttered Corn Whipped potatoes W/gravy Salad Sliced beets	Sugar Peas Brussels Sprouts Buttered Noodles Mashed Sweet Potatoes	Green Beans Succotash Buttered Noodles Whipped Potatoes with gravy	Macaroni & cheese Stewed Tomatoes Cole Slaw
Daily Special 	Chef's Choice	Chicken Kiev with Two Sides \$4.25	Chuck Wagon Stew \$4.25	Liver & Onions w/Choice of Two Vegetables \$3.95	Ham Pot Pie w/One Vegetable \$3.95
Daily Special 	Baked Fish w/Two Vegetables \$4.25	Salisbury Steak w/gravy w/Choice of Two Vegetables \$4.25	Ham Steak w/ Two Vegetables \$4.25	CHEF'S CHOICE	Red Fish w/ Two Vegetables \$4.25
Soup Du Jour 	Cauliflower Bowl \$1.50 Cup \$1.00 Chili Bowl \$1.70 Cup \$1.25	Chicken Vegetable Bowl \$1.50 Cup \$1.00 Chili Bowl \$1.70 Cup \$1.25	Cream Potato Bowl \$1.50 Cup \$1.00 Chili Bowl \$1.70 Cup \$1.25	Spanish Bowl \$1.50 Cup \$1.00 Chili Bowl \$1.70 Cup \$1.25	Maryland Crab Bowl \$1.50 Cup \$1.00 Chili Bowl \$1.70 Cup \$1.25

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NSA MENU

WEEK OF MAY 31ST THROUGH JUNE 4TH

	Monday 31 May	Tuesday 01 June	Wednesday 02 June	Thursday 03 June	Friday 04 June
Morning Eye Openers 	Memorial Day	(2)Eggs (2) Bacon Strips (2) Sausage Links Home Fries (2) Toast \$2.50	Ham & Cheese Omelet w/Home Fries & Toast \$2.75	French Toast w/Two Eggs & Bacon or Sausage Links \$2.50	Western Omelet Home Fries & 2 Pcs of Toast \$2.75
Grilled Greats 	Memorial Day	Hot Dog w/ Bacon and Cheese \$1.75	Italian Sweet Sausage w/Peppers & Onions on Steak Roll \$2.75	Beef Barbecue Sandwich \$2.50	Grilled Cheese \$1.25 Grilled Ham & Cheese \$2.20
Healthy Choice 	Memorial Day	Salad Bar with Fresh Vegetables and Fruit \$.25 Per Ounce	Salad Bar with Fresh Vegetables and Fruit \$.25 Per Ounce	Salad Bar with Fresh Vegetables and Fruit \$.25 Per Ounce	Salad Bar with Fresh Vegetables and Fruit \$.25 Per Ounce
Specialty Station 	Memorial Day	Pizza Pepperoni \$1.30 Mushroom \$1.30 Fried Chicken	Fried Chicken Breast \$1.70 Thigh \$1.30 Leg \$.80 Wing \$.60 Baked Sweet Potato \$1.75	Pizza Ham & Cheese Club \$3.70	Fried Chicken Breast \$1.70 Thigh \$1.30 Leg \$.80 Wing \$.60
Feature Vegetables 	Memorial Day	Spaghetti Side Dish Sliced Carrots Baked Beans Au Gratin Potatoes	Rice Pilaf Scalloped Potatoes Succotash Wax beans	Vegetable Salad Buttered Corn Zucchini	Chef's Choice Mixed Vegetables
Daily Special 	Memorial Day	Italian Sausage with two Vegetables \$3.95	Spinach Chicken Salad with Hot Bacon Dressing \$4.25	Chef's Choice \$3.95	Fried Clam Strips With French Fries \$4.25
Daily Special 	Memorial Day	Chicken Parmesan w/spaghetti \$3.95 Sandwich \$2.75	BBQ Ham Steak W/ two Vegetables \$4.25	Beef Stuffed Pepper w/two sides \$4.25	Baked Ziti with Toast \$3.95
Soup Du Jour 	Memorial Day	Vegetable Beef Bowl \$1.50 Cup \$1.00 Chili Bowl \$1.70 Cup \$1.25	Chicken Noodle Bowl \$1.50 Cup \$1.00 Chili Bowl \$1.70 Cup \$1.25	Ham & Bean Bowl \$1.50 Cup \$1.00 Chili Bowl \$1.70 Cup \$1.25	Du Jour Bowl \$1.50 Cup \$1.00 Chili Bowl \$1.70 Cup \$1.25